July 3, 2003



BRIEFLY EDITED



- Effective July 11th 2nd and 3rd shift differential increases ten cents (\$.10) to seventy-five (\$.75) per hour and weekend differential increases ten cents (\$.10) to fifty cents (\$.50) per hour.
- Safety shoe allowance of \$110 should be paid no later than the check dated July 25th.

LAID OFF MEMBERS

- Through the end of June, 3 job fairs were held at CEUI headquarters for laid off members. Of the 380 members laid off, 125 selected jobs.
- Federal legislation increasing unemployment benefits an additional 13 weeks was passed and members who were laid off in December 2002 and later qualified for this extension.
- Health/Dental insurance coverage for members laid off in January 2003 expires August 1st. Listed below are the *Monthly* COBRA rates effective July 1, 2003 that can provide up to 18 months coverage for anyone laid off.

PLAN	INDIVIDUAL	SUBSCRIBER & ONE DEPENDENT	FAMILY
Blue Cross State Preferred	\$524.27	\$1,153.40	\$1,415.53
Blue Cross Out of Area	\$511.42	\$1,125.12	\$1,380.83
State BlueCare POS	\$368.52	\$810.74	\$994.99
State BlueCare POE	\$349.71	\$769.36	\$944.21
State BlueCare POE Plus	\$333.96	\$734.72	\$901.69
Health Net Charter POS	\$348.61	\$766.93	\$941.24
Health Net Charter HMO	\$338.88	\$745.55	\$914.99
Health Net Passport HMO	\$332.08	\$730.58	\$896.62
ConnectiCare POS Open Access	\$333.88	\$734.53	\$901.47
ConnectiCare HMO Open Access	\$311.48	\$685.25	\$840.99
ConnectiCare HMO Personal Care Plan	\$279.43	\$614.74	\$754.46
Anthem Blue Cross Indemnity Dental A & C	\$28.47	\$86.97	\$86.97
Anthem Blue Cross Indemnity Dental A , B, & C	\$36.04	\$101.09	\$101.09
CIGNA Dental	\$18.85	\$41.47	\$50.89

NIGHT DUTY

As printed in the last union newspaper, we have switched to an automated phone system with direct phone numbers for staff representatives. This means that staff representatives will still be calling in on Monday & Thursday nights to retrieve messages and return phone calls. However, there will not be a staff member assigned to be in the office on these evenings during July & August. Your input is requested, please respond to sperruccio@ceui.org. This change does not affect the longstanding policy of returning calls within 24 hours. If you are having a problem reaching your staff representative, please call Sarah Miller, General Counsel & Staff Director, at 860-343-8719.

WANTED: POLITICAL DIRECTOR

Justin Zartman, CEUI Political Director, will be leaving to take a position with the National Labor Relations Board (more details to follow in the next newspaper). CEUI is now soliciting resumes from all interested candidates, including retiree members, active members willing to take a leave of absence from the State, and recent graduates majoring in political science. If you or anyone you know is interested in being considered for this position, please send resumes to: Sarah Miller, Staff Director, PO Box 1268, Middletown, CT 06457 or smiller@ ceui.org. For more details on the position, please visit www.unionjobs.com.

CEUI IN-SERVICE TRAINING COURSES—FALL 2003: Registration deadline is AUGUST 5, 2003.

Please call Julie Paff at the union for questions.

5-Day OSHA Training for Workplace Safety: Participants completing this 5-day course will receive the "30-Hour General Industry Outreach" completion card issued by the OSHA Training Institute. Topics include: OSHA Standards, Inspection, Citations, Penalties, Record Keeping, Means of Egress, Bloodborne Pathogens, Electrical Safety, Walking and Working Surfaces, PPE, Haz-Com, Hazardous Materials, and MOT. CEUs: 3.0. Capital Community College, 950 Main St., Hartford

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 500CA370 9/30, 10/7, 10/14 8:30am-3:00pm 10/21, & 10/28

Introduction to Electricity: This course is designed for Custodians who may be interested in becoming Electricians. You will learn basic electrical terms, simplified circuit (DC and AC) theory, basic circuit calculations, how to use general purpose test instruments, and how to conduct simple circuit tests. Hands-on exercises will help you decide if becoming an Electrician is the career for you. Extensive handouts and 2-line calculators will be provided for each participant. CEUs: 1.8. This course will be held at UCONN's Avery Point Campus in Groton.

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 501CA371 10/3, 10/10, & 10/17 9:00am-3:30pm

Ergonomics Awareness: This course focuses on awareness of the risk factors of job-related musculoskeletal disorders (MSD) for Maintenance Professionals. Identifying ways to prevent ergonomic injuries and the importance of early reporting of potential medical problems are also highlighted. CEUs: 0.6. Capital Community College, 950 Main St., Hartford

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 505CA372 10/23 8:30am-3:00pm

Introduction to Welding & Torch Use: A basic 3-day welding course for people with no prior training in Welding/Torch use. Theory will be combined with hands-on applications, with a strong emphasis on workplace safety. Cost of special protective lab clothing is included. Students must wear work clothes and work boots. Lunches and Personal Protective Equipment will be provided. For safety reasons, enrollment is limited to 9 students. CEUs: 1.8. This course will be held at No. East Utilities Training Facility, Deming Road, Berlin

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 502CA185 10/1, 10/15, & 10/29 8:30am-3:00pm

Fire Codes: This course for Maintenance Professionals will focus on the NFPA Life Safety Code and its standards. CEUs: 1.8. This course is will be held at the Yale Fire Marshall's Office.

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 503CA379 10/2, 10/9, & 10/16 9:00am-3:30pm

Personal Computers: The Basics: This course will focus on discovering your "perfect" computer system and will allow you to overcome "Computer Phobia" and become comfortable in the world of computers. Topics include: Review of terminology (hardware, software, RAM, hard drive, etc.); how to purchase a computer system to meet your needs; and an overview of application software. CEUs: 0.6. Middlesex Community College, Chapman Hall

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 506MX378 11/7 9:00am-4:00pm

Be Your Own PC Tech: This class covers hardware issues from the motherboard to the operating system. Practice RAM, expansion cards, and peripheral device installations in a hands-on workshop with real parts. Learn how to configure drivers and trouble-

shoot your Windows operating system. This class is for the beginner or intermediate PC user. Handouts included. Prerequisite: Basic Windows and PC Hardware knowledge. CEUs: 0.6. Manchester Community College, Learning Resource Center

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 507MA375 10/17 9:00am-4:00pm

First Aid for Maintenance Professionals: Participants completing this 2-day course will receive a "Medic First Aid" certificate of completion from EMP America. Topics include: First Aid/CPR, Bloodborne Pathogens, Automated External Defibrillation (AED), an Overview of Defibrillation and the Use of Defibrillators, Developing an Emergency Response Plan, CPR Review, AED Operation, Maintenance and Troubleshooting. CEUs: 1.2. Capital Community College, 950 Main St., Hartford

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 504CA211 11/4 & 11/18 8:30am-3:00pm

English for the Workplace: This course is designed for the non-English speaker who wishes to improve and practice conversational English in the American workplace. Students will increase their proficiency in English through practice with realistic workplace situations, role-playing, specialized vocabulary, office etiquette, and conversation. Communication techniques, telephone skills, greetings and farewells, asking for information and other polite requests, as well as cross-cultural communication, will provide the focus for the class. Manual included. CEUs: 0.6. Manchester Community College, Learning Resource Center

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 508MA376 10/31 & 11/7 1:00pm-4:00pm

Building Writing Basics: This refresher course is designed to reacquaint you with the basics of writing and grammar while increasing your comfort level with the writing process. We will focus on topics such as active vs. passive voice, parallel construction, subject and verb agreement and more. There will also be a comprehensive but practical grammar review. Participants will learn the building blocks of writing in order to produce clear, concise and accurate materials. CEUs: 0.6. Capital Community College, 950 Main St., Hartford,

<u>Course No.</u> <u>Date(s)</u> <u>Time</u> 509CA373 10/7 9:00am-4:00pm

Coping With the Stress of a Changing Workplace: Is your workplace changing? New Policies, procedures, machines, fewer people and increasing pressure are common occurrences in today's workplace. Here's an opportunity for you to become better equipped to handle stress and changes. You will gain skill in: Recognizing and dealing with the seven stages of change, Strategies to work through stress. Making the stresses work for you. CEUs: 0.6. Middlesex Community College, Chapman Hall

 Course No.
 Date(s)
 Time

 510MA377
 9/19
 9:00am-4:00pm

Transformational Leadership: The Key to Success: The key to success in any organization is effective leadership. Learn ways of improving the lines of communication between staff members, departments, and bosses. Acquire new skills for communicating the message you want clearly, concisely and positively. You'll also learn effective ways of saying "no", resolving conflicts, and building bridges between people. Discover how you can be a transformation leader who inspires positive change through: vision, trust, goal setting and making others feel valuable and capable. CEUs: 0.6. Manchester Community College, Learning Resource Center

<u>Course No. Date(s) Time</u> 511MA374 11/21 9:00am-4:00pm